

MT ROUSE News & Views



Community Newsletter

Taking a moment to enjoy this historical view from the top of Mt Rouse.



**In front of us are the Grampians, Mt Sturgeon & Mt Abrupt.
This view can remind us how powerful and long-lasting nature can be.**

This colour front page sponsored by Joan & Family. Thank you!

Penshurst Football Clubs 90th Year Anniversary of the 1936 Flag

1936 In what turned out to be one of our greatest years Penshurst won the premiership in a Major League but not before they survived a tough finals series and two protests. Penshurst were third on the ladder, four wins behind the league leaders Portland, after the home and away games. Penshurst won the first semi against Casterton by 11 points. Portland beat Coleraine by a point in the 2nd semi.

In the preliminary final Penshurst defeated Coleraine by a point – Coleraine protested that a goal was disallowed and after a lengthy hearing the protest was dismissed. Penshurst were free to play Portland in the Grand Final. Spare a thought for Coleraine losing two finals by a point.

In a tremendous Grand Final late into the last quarter with Penshurst leading by twenty-five points and the excitement of the supporters mounting – a boy rushed in and rang the time keepers bell – signalling the end of the game. Portland protested at the unauthorized ringing of the gong two minutes early.

The protest was upheld but Portland sportingly said they were beaten and elected not to go back onto the field. Common sense prevailed as half the Portland team had showered and more than a few ales had been downed by both sides.

Final scores: Penshurst 16. 16. 112 defeated Portland 13. 9. 87. Bill Eales kicked 10 goals, E Cottrill 2, Cook 1, Coffey 1, Burgess 1 and McNicol 1.

Better players: G Ryan (Best on ground), Cook, Burgess, McGrath, Eales, Ritchie, O'Brien and Morton.

1936 GRAND FINAL TEAM

B	D McNicol	J O'Brien	M Nicholson
HB	C Morton	G Cottrill	H Menzel
C	B Gannon	F McGrath (coach)	K Schultz
HF	C Coffey	E Cottrill	F McCluskey
F	G Ryan	W Eales	G Cook
Foll.	Ritchie	Burgess	J Archbold (rover)

Continued
page 6

Emma KEALY MP

NATIONALS MEMBER FOR LOWAN



"If you have an issue you need a hand to resolve, or a great idea on how we can make our region a better place to live, work, study, and do business, I would love to hear from you."



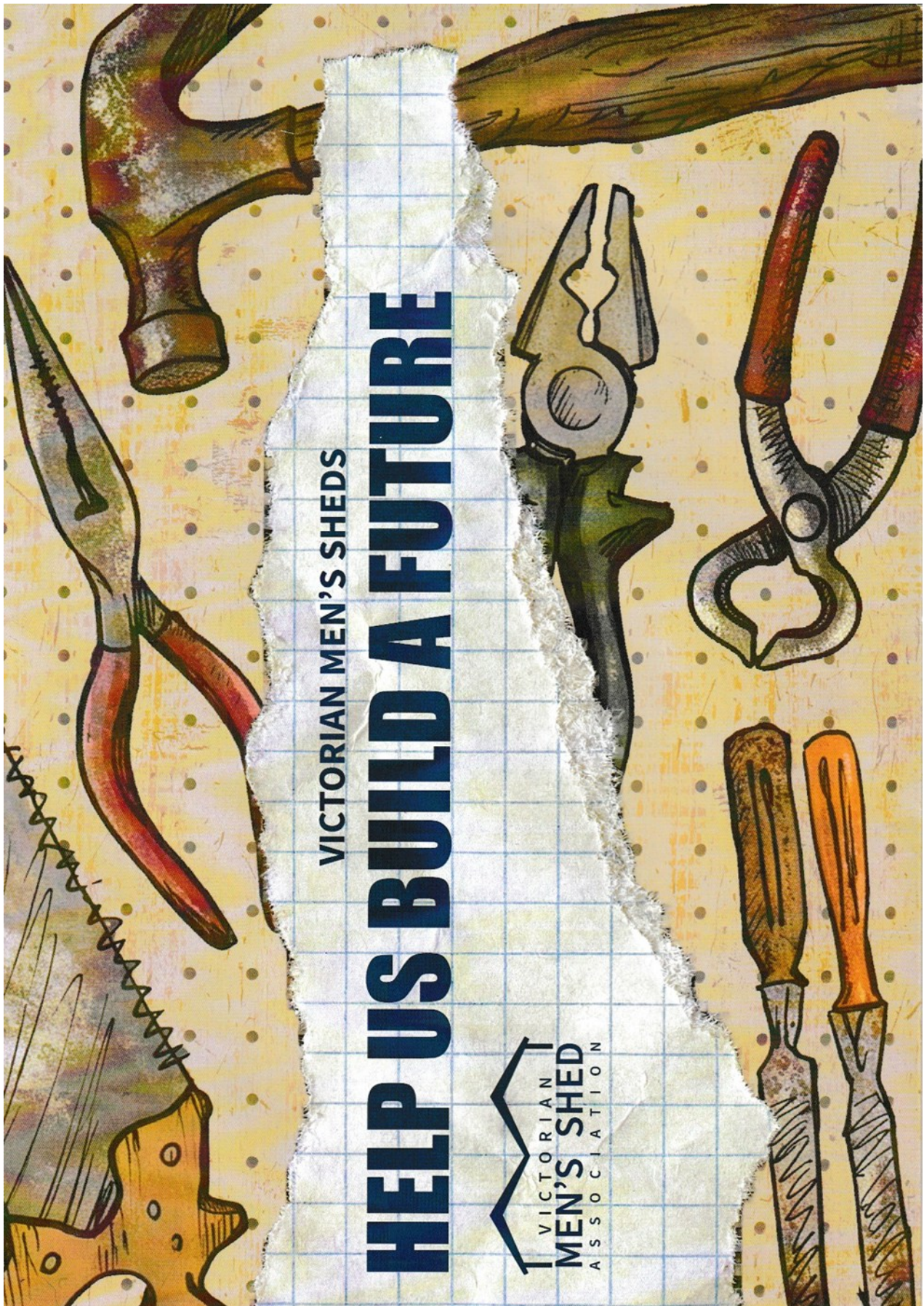
34 Firebrace St, Horsham



5571 9800



emma.kealy@parliament.vic.gov.au



STRONGER MEN'S SHEDS MEAN STRONGER COMMUNITIES

Victoria's men's sheds deliver enormous health benefits and a huge social contribution to members and communities across the state.

INSUFFICIENT SUPPORT FOR MEN'S SHEDS

Men's sheds have received the same amount of funding since 2012 but our network has tripled in size. Men's sheds are underfunded and under-resourced.

WHAT'S NEEDED

Men's sheds are calling for an increase in State Government funding from \$1m to \$3m per annum from 2027/28 with ongoing indexation.

HOW YOU CAN HELP

Your support will help men's sheds grow and secure their future. Visit our website or contact your local men's shed to share your support on our e-postcard or put your name on a form.

SCAN HERE
TO SHOW
YOUR
SUPPORT



We are collecting your name for the purposes of supporting out campaign for increased government funding. In connection with the campaign, we intend to share your name with politicians, political parties, and candidates contesting the Victorian State Election in 2026. The list of names we collect may be published by men's sheds. By providing your name, you consent to your name being used for this advocacy campaign. We will store your information in accordance with the VMSA privacy policy.

Authorised by the Victorian Men's Sheds Association Inc., 173-175 Ordish Road, Dandenong South 3175
Printed by Kwik Kopy, 10 Pascoe Vale Rd, Moonee Ponds 3039



Unstressed

If you can start the day without caffeine and pep pills,
 If you can be cheerful, ignoring aches and pains,
 If you resist complaining and boring people with your troubles,
 If you can eat the same food every day and be grateful for it,
 If you can understand when loved ones are too busy to give you time,
 If you can overlook it when people take things out on you,
 when through no fault of your own, something goes wrong.
 If you can take criticism and blame without resentment,
 If you can conquer tension without medical help,
 If you can relax without liquor,
 If you can sleep without the aid of drugs,
 If you can do all these things,
 Then you are probably the family dog!



Demyth-tifying the Penshurst Mens Shed

Everyone is welcome to visit the Shed
 for coffee and a chat,
 you don't have to be members.

There's a myth about the Penshurst Mens Shed that we sold the big fridge and replaced it with the little one, so that the men couldn't keep their beers there and have a beer during work.

Facts: The Mens Shed is a work place. Alcohol cannot be drunk during working hours. The smaller fridge was gifted to us by the Council, and the big fridge is out the back.

We all love a good story, and we've heard so many. Facts just take away from the fun.

There is a little story about four people named Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did it.

Somebody got angry about that because it was Everybody's job.

Everybody thought that Anybody could do it but Nobody realised that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

Penshurst Mens Shed

103 Cobb Street

The place for a little light exercise this winter.

Open Tuesday & Saturday

10am - 4pm

For more information talk to
 Tom Cooke 0488 557 345
 or drop in



Penshurst Football Clubs 90th Year Anniversary of the 1936 Flag (cont)

19th: W Lewis. Emergencies: H Eales, W Gordon, N Young

No team photo was taken as the coach was superstitious and would not allow one. Rex Broben was injured and missed the Grand Final but he won the club Best and fairest in a tie with coach Frank Mc Grath. In addition Bill Eales kicked 108 goals for the year after a lazy 10 in the grand final. Club President was Roy Schramm with J J Turrell as secretary.

Penshurst Seconds

Penshurst Seconds again played in the Caramut & District Association which now consisted of Hexham, Mortlake 2nds and Caramut. The seconds finished third for the year.

School Footy

The Penshurst State School team of August 8 1936 consisted of Victor Cottrill (Capt), Ross Nicholson (VC), Stan Lucas, Allan Cameron, George Ley, Warren Lewis, Keith Powell, Hector O'Hara, Cliff Cottrill, Frank Nicholson, Bill Underwood, Alf Hatherall, Des Mirtschin, Wilbert Perry, Roy Clark, Jack Baulch, Ken Jacobi and Jack Cook. Nineteenth was Bob Ewing and emergency Jack Wishart. There were some handy young footballers in that team.

Phil Doherty.

"I am not a perfectionist, but I like to feel that things are done well. More important than that, I feel an endless need to learn, to improve, to evolve, not only to please the coach and the fans but also to feel satisfied with myself." - Cristiano Ronaldo



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Wendy Kerr 5551 5700

Annaleace Dohle 5551 5700

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100 Portland Road,

Hamilton P. 03 5551 5700

E. hamilton@elders.com.au

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An attitude of gratitude

I went to school a long time ago; like several decades ago, but some of the teachers are still memorable for very good reasons.

I guess we all had a Mr. Grumpy who would come in, stomp around the class room and toss the occasional well aimed duster (remember those) at a student or the classroom fish bowl.

There was little Miss Timid who was quite the opposite and you had to strain to hear her. She blushed frequently but she was interesting and taught us well.

Then there was bouncy Mr. Kafoops. This guy was in a league of his own. He was bright, chirpy, and engaging. He was also patient and helpful. He willingly answered all of my dumb questions without making me feel like I was completely incompetent. One day someone asked him where he got all his enthusiasm from.

"Simple" was his reply. "I come with an attitude of gratitude. Every morning when I come onto the premises I am just very grateful to be here."

To our immature minds it seemed such a harebrained thing to say. Of course we never thought of it quite like that. Whenever I went to school the aim was to survive and not get detention.

Years later in 2026 I understand what he meant and why his classes were always fruitful and anticipated. Going into any encounter with an attitude of gratitude makes an enormous amount of difference. It doesn't matter whether your encounter is with The Divine, your significant other, the stranger or the tedious meeting. If we meet others and ourselves with a healthy attitude of gratitude for just being there and being open to what might happen, everyone learns and everyone enjoys. Mr. Kafoop's attitude of gratitude was one of his finest lessons.

PS. I've got warts.

Apparently there are things called dating apps.

You can post a picture of yourself and a few notes.

Eg. "I'm bright, witty, intelligent and fun to be with. When I'm not winning marathons, I'm completing my PHD in metaphysics. I'm impossibly good looking and part owner of that famous winery/restaurant that people flock to. I enjoy listening to and playing heavy metal music in my garage and at that seedy pub with the sticky carpet."

Such a profile would create a lot of interest and this lucky fellow / lady would soon be awash with prospective suitors.

Now all of those things *might* be true but they don't tell the whole story. We all have a murky side. The bits of us that are damaged and defective. There are always some things that we are not proud of and wish that we could expunge. In short...we all have some ugly, stinky, fetid warts.

This becomes obvious when true love meets real life and the chemistry of passion gurgles in the mundane laboratory of daily life.

We discover that we are not quite the dashing shiny saint we would like to be. The socks, the laundry and the way the dishwasher is stacked are issues of vital national importance. The church of God and the state of the nation rely heavily on these precarious ...

Continued page 10

DAN TEHAN

FEDERAL MEMBER FOR WANNON



My office can assist you with information about Federal Government services including:

- ✓ Centrelink
- ✓ National Disability Insurance Scheme (NDIS)
- ✓ Pensions and My Aged Care
- ✓ Medicare
- ✓ Australian Taxation Office (ATO)
- ✓ Veterans' Affairs
- ✓ Immigration, citizenship and passports
- ✓ Australia Post
- ✓ Telecommunications (broadband and mobile coverage)



Dan Listens, Dan Cares, Dan Delivers!

Hamilton: 190 Gray Street, Hamilton VIC 3300
Warrnambool: 158 Koroit Street, Warrnambool VIC 3280

1300 131 692 dan.tehan.mp@aph.gov.au
dantehan.com.au DanTehanWannon dantehan

Authorised by Dan Tehan MP, Liberal, 190 Gray St, Hamilton VIC 3300.

Please fill out my 30 second survey



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TREVOR HIRST 0439 375 445
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MEDIA RELEASE

SOUTHERN GRAMPPIANS SHIRE COUNCIL

**Your Council
Your Community****NEW COLLECTION BASKETS TO BOOST RECYCLING ACROSS SOUTHERN GRAMPPIANS**

Southern Grampians residents will soon have a new way to recycle on the go, with innovative Container Deposit Scheme (CDS) basket attachments to appear on public bins across the Shire.

Residents will be able to separate eligible drink containers from general waste, helping to reduce landfill, increase recycling and create opportunities for community members to collect the 10-cent refund available through Victoria's Container Deposit Scheme.

To ensure baskets are installed where they will have the greatest benefit, Council will consult with Progress Associations and community groups across the Shire as locations are confirmed.

Southern Grampians Shire Council Mayor Cr Dennis Heslin said the initiative is a practical example of how small changes can deliver significant environmental and community benefits with baskets coming to every Southern Grampians town.

"Victoria's Container Deposit Scheme has already changed the way many people think about recycling, and these baskets are the next step in making it easier for residents to do the right thing wherever they are," Cr Heslin said.

"Rather than throwing eligible containers into a bin, people can place them in the basket where they can be collected by anyone and returned through the scheme for a refund. "The concept is simple. If you don't want the refund yourself, you can leave the container for someone who does."

The rollout follows the success of similar programs trialled across the Yarra Ranges, Mornington Peninsula and City of Port Phillip, where simple wire baskets attached to public bins significantly reduced the number of recyclable containers going to landfill.

Audits conducted during the Yarra Ranges trial found a remarkable 74 per cent reduction in eligible drink containers being disposed of in bins where baskets were installed.

Operating on a "take a penny, leave a penny" philosophy, the baskets provide a respectful alternative to searching through rubbish bins while helping recover valuable recyclable materials.

Container Deposit Scheme hubs on Kennedy Street in Hamilton and Whyte Street in Coleraine have already proven popular with local residents, helping divert thousands of containers away from kerbside bins and reducing pressure on waste services.

Council reminds residents that only eligible CDS Vic containers can be placed in the baskets. This program has been supported by an \$8,000 grant from VicReturns.

**ORGANICS PROCESSING FACILITY TO DELIVER
ENVIRONMENTAL AND ECONOMIC BOOST**

Southern Grampians Shire Council is taking a major step forward in sustainable waste management, with construction of key infrastructure underway for a new organics processing facility at the Hamilton Transfer Station.

Thousands of tonnes of FOGO and green waste currently collected by Council either from the FOGO bin collection, green waste drop offs at transfer stations or effluent from the Hamilton Regional Livestock Exchange (HRLX) will be converted into valuable compost and soil products each year using six In-Vessel Rapid Composting (IVRC) systems, purpose-built to

Continued page 10

MEDIA RELEASE

SOUTHERN GRAMPAINS SHIRE COUNCIL



**Your Council
Your Community**

process FOGO and livestock effluent waste.

These systems were constructed offsite in Ballarat and will be relocated over the coming months to the Hamilton Transfer Station, with operations expected to begin in Spring.

The plant will process more than 5,000 tonnes of food waste, garden organics and livestock by-products annually, with EPA approval already in place to expand capacity to around 15,000 tonnes as demand grows.

Southern Grampians Shire Council Mayor Dennis Heslin said the project represented one of the most significant waste management initiatives ever undertaken by Council.

"Australia's waste system is under enormous pressure, and councils need to find smarter, more sustainable ways to manage increasing volumes of material," Cr Heslin said.

"This facility will allow us to solve several challenges at once by giving us a local solution for processing organic waste. In time, this will significantly reduce transport and disposal costs, ease pressure on the Hamilton Regional Livestock Exchange and create an opportunity to generate new income through processing services and the sale of high-quality compost products.

"The offsite pod construction is nearing completion with Council working to develop the site for the pod installation at the Transfer Station."

The project builds on the success of Council's Food Organics and Garden Organics (FOGO) collection service, introduced in 2020, which now services more than 6,500 households across the municipality.

Organic material collected through kerbside FOGO bins; transfer stations and the Hamilton Regional Livestock Exchange will all be processed locally rather than transported more than 100 kilometres for treatment.

As one of Australia's busiest livestock exchanges, the Hamilton Regional Livestock Exchange processes up to one million sheep and 50,000 cattle each year, producing a substantial organic waste stream that has traditionally been costly to transport and dispose of.

That material will be converted into commercially certified compost, returning valuable nutrients to agricultural land and supporting a more circular approach to waste management.

For more information on this or any of our other projects, check out our website. To stay up to date on Council news, subscribe to our monthly newsletter.

PS. I've got warts. (continued)

... fundamentals and they are not negotiable. Ever!

So a more honest profile might read.

"I'm grumpy first thing in the morning. I once inexcusably broke someone's heart for absolutely no reason at all. I am painfully anal about time and on Friday night, after a bad week, I've been known to drink more than I should. I have a dysfunctional relationship with the people who love me most. Are you the person who can love me?"

Yes says the Master. I have already been loving you. P.S. I have warts."



A PAGE TO SHARE RECIPES

Vegetarian Sweet Potato Bake

Prep Time 10 mins Cook 30 mins Serves 4

INGREDIENTS

www.taste.com.au

4 medium gold [sweet potatoes](#)
400g can black beans, rinsed, drained
1 tbsp Coles Mexico Chile Con Carne
Seasoning

100g Coles Australian Style Fetta,
crumbled
1 Hass avocado, stoned, peeled, coarsely
mashed

Method

Step 1

Use a fork to prick the sweet potatoes all over. Place on a microwave-safe plate. Cook on high, turning occasionally, for 10 mins or until tender. Cool for 5 mins. Cut a slit lengthways in the top of each sweet potato and squeeze the base to open. Remove the flesh, leaving a 2cm shell.

Step 2

Combine the sweet potato flesh in a bowl with the black beans, chile con carne seasoning and 2 tbs warm water.

Step 3

Preheat grill on high. Arrange the sweet potato shells on a baking tray. Fill with the bean mixture and fetta. Cook under the grill for 3-5 mins or until golden. Top with avocado. Season.



Healthy dessert mug cake

Prep Time 5 mins Cook 1 min Serves 1

INGREDIENTS

1 fresh date, pitted, finely chopped	2 1/2 tbsp oat bran
1 egg	2 tsp cocoa powder, plus extra to dust
60ml (1/4 cup) unsweetened apple puree	1/4 tsp ground cinnamon

Method

Step 1

Place the date in a medium sized heatproof bowl. Add one teaspoon boiling water and mash with a fork.

Step 2

Add the egg, apple, oat bran, cocoa powder and cinnamon and stir until smooth and well combined.

Step 3

Spoon mixture into a 160ml (2/3 cup) capacity microwave-safe mug or ramekin. Microwave on HIGH for 1 1/2 minutes or until the cake starts to come away from the sides and top is just firm. Serve dusted with extra cocoa.



5576 5270

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Monday - CLOSED

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Saturday - 8.00am - 2.00pm

Sunday - CLOSED

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Penshurst Store

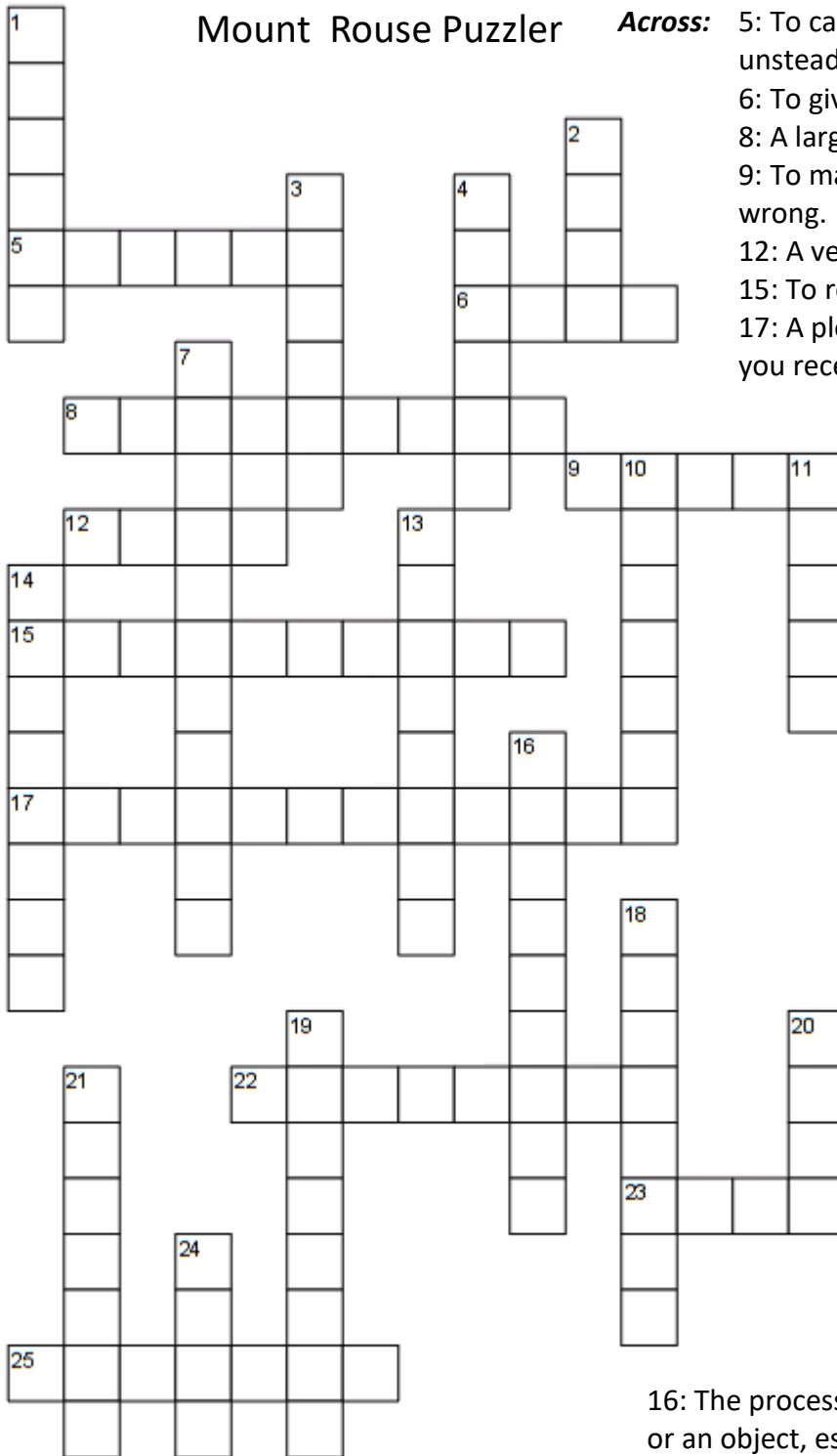


Amanda & Cam Wilson

0439 941 942

penshurststore@gmail.com

Mount Rouse Puzzler



Across:

5: To cause something to become unsteady and fall.
 6: To give food to someone or something.
 8: A large ship that is used to carry goods.
 9: To make up for something you did wrong.
 12: A very young cow.
 15: To rearrange in an orderly fashion.
 17: A pleasant feeling that you get when you receive something you wanted.

22: Movement forward or toward a place.
 23: Moving or able to move quickly.
 25: Something such as a fence or natural obstacle that prevents or blocks movement from one place to another.

Down:

1: To bring up to date.
 2: To build, create, or produce something by work or effort.
 3: To give up a claim without resistance.
 4: A meal for which different foods are placed on a table so that people can serve themselves.
 7: The act of making an official statement about something.

10: A feeling of nervousness that makes you unable to relax.
 11: To force someone or something to leave.
 13: Expressing criticism or disapproval.
 14: A usually seasoned mixture of liquids that is added to a salad.

16: The process of finding information, a place, or an object, especially for the first time.
 18: Extremely or completely happy.
 19: A multitude of small brown spots.
 20: To continue in time.
 21: Of or relating to music.
 24: Very firm or solid.





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As you navigate through the rest of your life,
be open to collaboration. Other people and
other people's ideas are often better than
your own. Find a group of people who
challenge and inspire you, spend a lot of
time with them, and it will change your life.

Amy Poehler

Answers to last fortnight's crossword.
Across: 2 dawn, 6 chance, 10 privacy,
13 choke, 14 paragraph, 18 oxygen,
19 document, 21 eternal, 23 state,
24 member. **Down:** 1 moral, 3 agree,
4 script, 5 acquit, 7 brush, 8 lock,
9 scramble, 11 landscape, 12 satisfied,
13 charity, 15 redeem, 16 governor,
17 throw, 20 favour, 22 tease.

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Weird but True

For the young and young at heart

A shark can grow and lose up to 30,000 teeth in its lifetime.

Alligators can live to be 80 years old.

If you travelled at the speed of light, you could reach Pluto in just four hours. (Pluto is an incredible 4.28 to 7.5 billion kilometres away from Earth.)

A piece of cake more than 4,000 years old was found in a tomb in Egypt. (Ewwwww, crunchy)

97% of Earth's water is saltwater. The average human body is 60% water, also salty.



The world's termites outweigh the world's people.

Cats can't taste sweets. (So why is mine obsessed with icecream? Editor)

A group of jellyfish is called a 'smack'.



Astronauts can't whistle on the moon - there is not enough air pressure in their spacesuits to make a puff.

About a million Earths could fit inside the sun.

All of the blood in your body travels through your heart once a minute.



Your eyes can see about 10 million different colours.



Venus is the hottest planet in our galaxy.

Community Calendar & Contacts

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am.
See Garden Notes for venue or contact Gail 0419 510 364

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, bi-monthly, 1:30 pm.

Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre, - Penshurst Hospital. Please contact the Social Support Group Coordinator on 5551 8381 Or @ WDHS on 55518683

Mount Rouse & District Historical Society

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

Friends Yatmerone Reserve

- 7.30 pm Community Room behind the VDC 2026 Meeting Dates: Bi-monthly 2nd Tuesday commencing: 10 March, 12 May, 14 July, 8 September, 10 November and 8 December.
- New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm. Venue TBA penshurst.vic@lions.org.au
- **Volcanoes Discovery Centre** Open every Friday 11 - 3pm, Weekends & School Holidays 10 - 4pm. New volunteers always welcome. Contact President Jo Vigliaturo 0408 544 670.



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

<https://www.ambulance.vic.gov.au/careers/become-a-first-responder/>

If you would like to chat to a local ACO, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm
Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month.
Contact Jenni 0409 962 969

PPA (Penshurst Progress Association)

- 4th Wednesday of every second month at 7pm (Jul, Sep, Nov, Jan, Mar, May) – Community meeting at the Memorial Hall
Committee meetings – as required

COMMUNITY MARKETS

Sunday 11 October & 13 December

CWA

4th Tuesday of the month at 7pm.
In the senior citizen Clubrooms.
No meeting in December

SENIOR CITIZENS CLUB

Meets at the Club rooms in Bell Street.
Bingo last Tuesday each month. 1.45pm.

UKULELE GROUP

Meets every Sunday at the Senior Citizens from 2pm until 3pm - Contact Paul 0402 902 013 for more Information

- **Penshurst Book Club** - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

What's On Around Mt Rouse - JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
School Holidays	School Holidays	School Holidays	School Holidays	School Holidays	School Holidays	School Holidays
28	29	30	01	02	03	04
Catholic Church Mass 8:30am Lutheran Church Tabor 10am Uniting Church Service 11am Anglican Church Mass 5pm	Volcano Discovery Centre 10am-4pm	Penshurst Shed 10am-4pm Volcano Discovery Centre 10am-4pm BINGO! @ Senior Citizens Club 1:45pm	<i>Newsletter Edition 22</i> Volcano Discovery Centre 10am-4pm YOGA @ St Josephs 5pm	WDHS Social Support Activity Group 10am Volcano Discovery Centre 10am-4pm Mobile Library 3-4pm	Volcano Discovery Centre 10am-3pm	CourtHouse Open Day 9:30am-12:30pm Penshurst Shed 10am-4pm Volcano Discovery Centre 10am-4pm
Volcano Discovery Centre 10am-4pm Ukulele Group 2-3pm						
School Holidays	School Holidays	School Holidays	School Holidays	School Holidays	School Holidays	School Holidays
05	06	07	08	09	10	11
Lutheran Church Tabor 10am	Volcano Discovery Centre 10am-4pm	Volcano Discovery Centre 10am-4pm Penshurst Shed 10am-4pm Bowls Club Meeting 7:30pm	Volcano Discovery Centre 10am-4pm YOGA @ St Josephs 5pm PPA Meeting 7pm	WDHS Social Support Activity Group 10am Volcano Discovery Centre 10am-4pm	Volcano Discovery Centre 10am-3pm Lions Club Social Dinner	Penshurst Shed 10am-4pm Volcano Discovery Centre 10am-4pm
Volcano Discovery Centre 10am-4pm Ukulele Group 2-3pm Pony Club Rally						
School Holidays	13	14	15	16	17	18
Catholic Church Mass 8:30am Lutheran Church Tabor 10am Uniting Church Service 11am		Penshurst Shed 10am-4pm Caramut & District Garden Club 10am Friends of Yatmerone 7:30	<i>Newsletter Edition 23</i> YOGA @ St Josephs 5pm	WDHS Social Support Activity Group 10am Mobile Library 3-4pm	Volcano Discovery Centre 10am-3pm	Penshurst Shed 10am-4pm Volcano Discovery Centre 10am-4pm
Volcano Discovery Centre 10am-4pm Ukulele Group 2-3pm						BOMBERS HOME GAME
19	20	21	22	23	24	25
Catholic Church Lay Service 8:30am Lutheran Church Tabor 10am		Penshurst Shed 10am-4pm Hospital Combined Church Service 11am PENSHURST BOOK CLUB 2PM Lions Club Meeting 7:30pm	YOGA @ St Josephs 5pm (PPA) Penshurst Progress Association Meeting 7pm	WDHS Social Support Activity Group 10am	Volcano Discovery Centre 10am-3pm	Penshurst Shed 10am-4pm Volcano Discovery Centre 10am-4pm
Volcano Discovery Centre 10am-4pm Ukulele Group 2-3pm						
26	27	28	29	30	31	01
Catholic Church Mass 8:30am Lutheran Church Tabor 10am Uniting Church Service 11am Anglican Church Mass 5pm		Penshurst Shed 10am-4pm BINGO! @ Senior Citizens Club 1:45pm Country Womens Association(CWA) 7pm	<i>Newsletter Edition 24</i> YOGA @ St Josephs 5pm	WDHS Social Support Activity Group 10am Mobile Library 3-4pm	Volcano Discovery Centre 10am-3pm	CourtHouse Open Day 9:30am-12:30pm Penshurst Shed 10am-4pm Volcano Discovery Centre 10am-4pm
Volcano Discovery Centre 10am-4pm Ukulele Group 2-3pm HISTORICAL SOCIETY 2PM						

Mt Rouse News & Views
Community Newsletter

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**DEADLINE FOR CURRENT SUBMISSIONS -
Saturday 25th July 2026**

The newsletter will be published on
Wednesday fortnightly and we would
appreciate submissions at the earliest
possible time within the fortnight but
no later than the Saturday immediately
prior to the Wednesday of publishing.

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continuing support of our
advertisers. Thank you.

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact
Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 8.30 am

3rd Sunday Lay Service 8.30 am

4th Sunday Mass 8.30 am

5th Sunday No Service



Mobile Library

Will be visiting Penshurst

every Thursday fortnight

3.00 - 4.00pm

Outside the Hall in Martin St

16 & 30 July

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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